

# Basic Strokes: Rebound and Controlled

rhythmnotes.net

## Rebound Strokes

### Exercise 1

R ---> L --->

### Exercise 2

R L R L R L R L R R R R L R L R L R L R L L L L

## Controlled Strokes

### Exercise 1

R ---> L --->

### Exercise 2

R ---> L --->

### Exercise 3

R ---> L --->